

## Counselors & Psychologists Resources

### **Psychology Today**

<https://www.psychologytoday.com/us>

### **Attention & Memory Center NC Neuropsychiatry**

2605 Blue Ridge Dr. Ste 225 Raleigh, NC 27607  
919.537.2561  
ncneuropsych.com

### **The Carolina Ctr for ABA & Autism**

919.371.7848  
[carolinacenterforABA.com](http://carolinacenterforABA.com)

### **Duke Center for Child & Family Policy**

Lauren Thomason  
919-668-3294  
<https://childandfamilypolicy.duke.edu/person/lauren-thomason/>

### **Center for Psychological and Family Services**

<https://www.cfps.net/>  
919-408-3212

### **Counseling By Jessica Faye, PLLC**

<https://counselingbyjessicafayepllc.com/>

### **Mary Ripple, LCSW**

919-251-5102

### **Katherine Fabrizio, MA, LPC, LPA**

805.764.1959  
<https://raleighcounselingandtherapy.com/>

### **Kelly Wiebe**

Raleigh, NC 27607  
573.449.4323

### **Lucy Daniels Center**

9003 Weston Pkwy  
Cary, NC 27513 919.677.1400  
\*10 yrs old & younger [lucydanielscenter.org](http://lucydanielscenter.org)

### **Flip Educational Consulting, LLC**

Elda Privette-  
919.271.3762 Elizabeth Worley-919.389.3950  
<https://www.flipconsultants.com/>

### **Hope Services, LLC**

Raleigh, NC 27604  
919.714.7500  
[hopeservices4u.com](http://hopeservices4u.com)

### **Kelley Counseling**

919.249.5423  
<http://www.kelley-counseling.com/>

### **Carolyn O. Lee, MSW**

919.666.2363  
\*PTSD, eating disorders, self-injury, post-partum,  
body image

### **A New Life Services**

919.877.6101  
<https://anlsttherapy.com/>

### **New Leaf Behavioral Health**

919.781.8370  
[nlbh.org](http://nlbh.org)

### **Path to Hope Counseling**

Raleigh, NC  
984-500-2021

### **Stephanie Phillips, LPC**

919.219.6256

### **Project Enlightenment**

501 S. Boylan Ave  
Raleigh, NC 27603  
919.856.7774 [projectenlightenment.wcpss.net](http://projectenlightenment.wcpss.net)

### **Therapeutic Alternatives, Inc**

336-495-2700  
\*mobile crisis management 877.626.1772

### **Therapeutic Partners, PLLC**

7406 Chapel Hill Rd, Ste F  
Raleigh, NC 27607  
919.233.7360  
[Therapeuticpartners.com](http://Therapeuticpartners.com)

**Triangle Counseling Agency**  
919.277.0253  
[trianglecounselingagency.com](http://trianglecounselingagency.com)

**Triangle Family Services**  
3937 Western Blvd  
Raleigh, NC 27606  
919.821.0790  
\*Children 3+, ESL available  
[tfsnc.org](http://tfsnc.org)

**Triangle Pastoral Counseling**  
312 W. Millbrook Rd #109  
Raleigh, NC 27609  
919.845.9977  
[tripastoralcounseling.org](http://tripastoralcounseling.org)

**Grace Zuck, LPC**  
919.784.0205  
\*specializes in adoption.

**New Hope Counseling**  
230 W. Millbrook Rd  
Raleigh, NC 27609  
919.872.1190  
[nhcounseling.net](http://nhcounseling.net)

**Brianna Linn**  
919.713.0260

**Shattuck Wellness Behavioral Health**  
2501 Atrium Dr, Ste 100  
Raleigh, NC 27607  
919.359.9700  
[swbhs.com](http://swbhs.com)

**Annette Baker, PhD**  
919.841.5555

**Sage Psychology Group**  
919.472.0637  
[sagepsychologygroup.com](http://sagepsychologygroup.com)

**Bloomsbury Therapy**  
Whitney Cain, PhD  
16 N. Boylan Ave  
Raleigh, NC 27603  
919.916.5554  
[bloomsburytherapy.com](http://bloomsburytherapy.com)

**Carolina Behavioral Care**  
919-972-7700  
[carolinabehavioralcare.com](http://carolinabehavioralcare.com)

**Mindpath Health**  
855-501-1004  
<https://www.mindpath.com/>

**Katherine Bredehoeft, PhD** 7404- A Chapel Hill Rd  
Raleigh, NC 27607  
919.343.9157

**Family Psychiatry & Psychology**  
104-A Fountainbrook Cir  
Cary, NC 27511  
919.233.4131  
[fppa.com](http://fppa.com)

**Sally Grimley, PhD**  
883 Washington Street  
Raleigh, NC 27605  
919.832.2991

**Wake Family Psychology, PLLC - David Smoot, PhD**  
6512 Six Forks Rd Raleigh 919.518.0390

**Rosalind Heiko, PhD**  
919.858.9692  
[drheiko.com](http://drheiko.com)

**Hyland Psychological Services**  
Kathleen Hyland, PsyD  
Raleigh, NC 27615  
984-235-5889

**Emily King, PhD, PLLC**  
Raleigh, NC 27609  
919.521.4535  
[Dremilyking.com](http://Dremilyking.com)

**Mendel Psychological Associates**  
Matthew Mendell, PhD  
919.876.1313  
Ginger Poole, LPCA, Art Therapist  
\*art Therapy & Digital Therapy for preteens & teens  
dealing w/ depression, chronic illness, & Asperger's  
919.876.1314  
[drmendel.com](http://drmendel.com)

**Christopher Ricci, PhD**

<https://www.psychologyinraleigh.com/>  
919.802.4087

**Joe Tooley, PhD**

Cary, NC 27511  
919.656.0950  
[tooleysgroup.com](http://tooleysgroup.com)

**Silber Psychological Services**

Raleigh, NC 27609 919.876.5658  
Cary, NC 27511  
919.481.9012  
[silbersolutions.com](http://silbersolutions.com)

**Triangle ACT, Inc**

Lorraine Matthews, PsyD, PC  
Cary, NC 27511  
919.465.2550  
[triangleact.com](http://triangleact.com)

**Aisha Al-Qimlass, PhD**

Raleigh, NC 27603  
919.977.0087  
[creasman-counseling.com](http://creasman-counseling.com)

**Miles Gilliom, PhD**

Cary, NC 27513  
919.818.8989

**Doug Davis, PhD**

Raleigh, NC 27613  
919.749.4210

**Peak City Psychology**

Apex, NC  
919-303-0377

**ANEW U Counseling Services**

Raleigh, NC  
984-212-0028

**Raleigh Parent and Child**

Lauren Askew and Meg Hill  
Raleigh, NC 27609  
919-807-1982

**3-C Family Services**

Dr. Leigh Blalock  
Dr. Lori Schweickert  
Dr. Meagan Knowles  
1901 N. Harrison Ave Ste 100 Cary, NC 27513

**Three Oaks Behavioral Health & Wellness**

919.514.3566  
[www.threoaksbehavioralhealth.com](http://www.threoaksbehavioralhealth.com)

**Truth Heals Counseling**

Tasia Hawkins  
Raleigh, NC 27615  
919.759.6443

**Robyn Claar, Ph.D**

<https://www.drrobynclaar.com/>  
919.794.6096

**Susan Ehrlich, LCSW**

919.784.0508

**DRG Counseling**

<http://www.drgcounseling.org/>  
919.977.6018

**BIRCH Therapy**

<https://www.birchtherapypllc.com/>  
984.664.0891

**Douglas Andrew Therapy**

<https://douglasandrewtherapy.com/>

**Crisis Stabilization Center**

984-974-4830