

Counselors & Psychologists Resources

Psychology Today

<https://www.psychologytoday.com/us>

Attention & Memory Center NC Neuropsychiatry

2605 Blue Ridge Dr

Ste 225

Raleigh, NC 27607

919.537.2561

ncneuropsych.com

The Carolina Ctr for ABA & Autism

Location: Cary, Durham, Holly Springs & Raleigh

919.371.2848

carolinacenterforABA.com

Duke Center for Child & Family Policy

Lauren Thomason

919-668-3294

<https://childandfamilypolicy.duke.edu/person/lauren-thomason/>

Center for Psychological and Family Services

501 Eastowne Dr

Suite 220

Chapel Hill NC 27514

7406 Chapel Hill Rd

Suite A&B

Raleigh NC 27607

<https://www.cfps.net/>

919-408-3212

Counseling By Jessica Faye, PLLC

<https://counselingbyjessicafayepllc.com/>

Telehealth only

Katherine Fabrizio, MA, LPC, LPA

1405 Hillsborough St

Raleigh NC 27605

805.764.1959

<https://raleighcounselingandtherapy.com/>

Lucy Daniels Center

9003 Weston Pkwy

Cary, NC 27513

919.677.1400

*10 yrs old & younger

lucydanielscenter.org

Flip Educational Consulting, LLC

Elda Privette- 919.271.3762

Elizabeth Worley-919.389.3950

280 West Millbrook Rd

Raleigh NC 27609

519 Keisler Dr

Suite 202

Cary NC 27518

<https://www.flipconsultants.com/>

Hope Services, LLC

3000 Highwoods Blvd

Suite 310

Raleigh, NC 27604

919.714.7500

hopeservices4u.com

Kelley Counseling

1145-D Executive Circle

Cary NC 27511

919.249.5423

<http://www.kelley-counseling.com/>

Carolyn O. Lee, MSW

543 Keisler Dr

Suite 104

Cary NC 27518

919.666.2363

*PTSD, eating disorders, self-injury, post-partum, body image

A New Life Services

312 W Millbrook Rd

Suite 129

Raleigh NC 27609

919.877.6101

<https://anlstherapy.com/>

New Leaf Behavioral Health

3725 National Dr
Suite 220
Raleigh NC 27612
919.781.8370
nlbh.org

Path to Hope Counseling

174 Mine Lake Ct
Suite 200
Raleigh, NC 27615
984-500-2021

Stephanie Phillips, LPC

The Mindly Group
8406 Six Forks Rd
Suite 204
Raleigh NC 27615
919.926.9495

Royal Phoenix Life Services

Robyn Bristow
3948 Browning Pl
Raleigh NC 27609
919-501-3293

Project Enlightenment

501 S. Boylan Ave
Raleigh, NC 27603
919.856.7774
projectenlightenment.wcpss.net

Therapeutic Alternatives, Inc

336-495-2700
*mobile crisis management 877.626.1772

RDU Therapy

919.297.8191
Ray Rd and Strickland Rd
Raleigh NC 27613
<https://rduthera.py.com/rdu-therapy-overview>

Therapeutic Partners, PLLC

7406 Chapel Hill Rd, Ste F
Raleigh, NC 27607
919.233.7360
Therapeuticpartners.com

CBT Counseling

Locations: Apex, Chapel Hill, Durham, & Raleigh
919.277.0253
<https://www.behaviortherapist.com/>

Triangle Family Services

3937 Western Blvd
Raleigh, NC 27606
919.821.0790
*Children 3+, ESL available
tfsnc.org

Triangle Pastoral Counseling

312 W. Millbrook Rd #109
Raleigh, NC 27609
919.845.9977
tripastoralcounseling.org

Dr. Grace Zuck

5613 Duraleigh Rd
Suite 161
Raleigh NC 27612
919.784.0205
*specializes in adoption.

New Hope Counseling

230 W Millbrook Rd
Raleigh NC 27609
919.872.1190
nhcounseling.net

RDU Counseling for Change

Brianna Linn
3200 Wake Forest Rd
Raleigh NC 27609
919.713.0260

Shattuck Wellness Behavioral Health

2501 Atrium Dr
Raleigh NC 27607
919.359.9700
swbhs.com

Bloomsbury Therapy

16 N Boylan Ave
Raleigh NC 27603
Whitney Cain, PhD
919.916.5554
bloomsburytherapy.com

Carolina Behavioral Care

4102 Ben Franklin Blvd
Durham NC 27704
919-972-7700
carolinabehavioralcare.com

Mindpath Health

Locations: Raleigh, Cary, Clayton, Durham, Chapel Hill, Wilson, Greensboro & more
855-501-1004
<https://www.mindpath.com/>

Katherine Bredehoeft, PhD

7404-A Chapel Hill Rd
Raleigh, NC 27607
919.468.9444

Family Psychiatry & Psychology

1400 Crescent Green
Suite 120
Cary Nc 27518
919.233.4131
fppa.com

Sally Grimley, PhD

883 Washington St
Raleigh NC 27605
919.832.2991

Wake Family Psychology, PLLC

David Smoot, PhD
6512 Six Forks Rd
Suite 302
Raleigh NC 27615
919.518.0390
<https://www.wakefamilypsych.com/contact>

Rosalind Heiko, PhD

919.858.9692
drheiko.com

Hyland Psychological Services

8380 Six Forks Rd
Raleigh NC 27615
Kathleen Hyland, PsyD
984-235-5889

Emily King, PhD, PLLC

278 W. Millbrook Rd
Raleigh NC 27609
919.521.4535
Dremilyking.com

Mendel Psychological Associates

Matthew Mendell, PhD
9360 Falls of Neuse Rd
Suite 205
Raleigh NC 27615
919.876.1313
Ginger Poole, LPCA, Art Therapist
*art Therapy & Digital Therapy for preteens & teens dealing w/ depression, chronic illness, & Asperger's
919.876.1314
drmendel.com

Christopher Ricci, PhD

131 Wind Chime Ct
2B
Raleigh NC 27615
<https://www.psychologyinraleigh.com/>
919.802.4087

Joe Tooley, PhD

106 Ridgeview Dr.
Cary NC 27511
919.656.0950
tooleygroup.com

Silber Psychological Services

1004 Dresser Dt
Suite 103
Raleigh, NC 27609
919.876.5658
Cary, NC 27511
silbersolutions.com

Triangle ACT, Inc

Lorraine Matthews, PsyD, PC
103 Brady St
Cary, NC 27511
919.465.2550
triangleact.com

Miles Gilliom, PhD

1616 Evans Rd
Suite 202
Cary, NC 27513
919.818.8989

Doug Davis, PhD

131 Wind Chime Ct
Raleigh, NC 27615
919.749.4210

Peak City Psychology

201 S Salem St

Apex, NC 27502
Dr. Dittner
919-303-0377

ANEW U Counseling Services

1037 Dresser Dr
Raleigh, NC 27609
984-212-0028

Raleigh Parent and Child

3820 Merton Dr
Suite 105
Raleigh NC 27609
919-807-1982
<https://www.raleighparentandchild.com/>

Three Oaks Behavioral Health & Wellness

1011 Dresser Ct
Raleigh NC 27609
919.514.3566
www.threeoaksbehavioralhealth.com

Truth Heals Counseling

3721 Benson Dr
Raleigh, NC 27615
Tasia Hawkins
919.759.6443

Robyn Claar, Ph.D

5015 Southpark Dr
Suite 200
Durham NC 27713
<https://www.drrobynclaar.com/>
919.794.6096

Susan Ehrlich, LCSW

919.784.0508

DRG Counseling

5720 Creedmoor Rd
Suite 201
Raleigh NC 27612
<http://www.drgcounseling.org/>
919.977.6018

BIRCH Therapy

1042 Washington St
Raleigh NC
<https://www.birchtherapypllc.com/>
984.664.0891

Douglas Andrew Therapy

122 Saint Mary's St
Raleigh NC 27605
<https://douglasandrewtherapy.com/>

Capital Counseling

417 N Blount St
Raleigh NC 27601
<https://www.capcounselingraleigh.com/>
919.249.8281

Scarlett Foxx

984-733-3699

Emma Van Horne

Unbound Wellness Group
1100 Wake Forest Rd
Suite 100-E
Raleigh NC 27604
919.561.5086

Bowman Family Services

1788 Hertitage Center Dr
Suite 104
Wake Forest NC 27587
<https://bowmanfamilyservices.com/>
919.556.6501

Third Wave Psychotherapy

5401 Six Forks Rd

Raleigh NC 27609

<https://3rdwavetherapy.com/location/raleigh-north-hills/>

919-886-4052

Triangle Area Psychology Clinic

5726 Fayetteville Rd

Suite 101

Durham NC 27713

<https://www.tapclinicnc.com/>

919-237-3321

IWe Family Psychology

Nandana Surana

189 Wind Chime Ct

Suite 202

Raleigh NC 27615

919.200.0224

Oak City Psychology

8410 Six Forks Rd

Suite 102

Raleigh NC 27615

919.234.7247

Oak City Counseling

136 Mine Lake Ct

Raleigh NC 27615

919.424.7975

Resilience Wellness

Beth Moye

<https://res-well.com/contact/>

Monarch Behavioral Health Urgent Care

<https://monarchnc.org/>

319 Chapanoke Rd

Suite 120

Raleigh NC 27603

866.272.7826

Crisis Stabilization Center

984-974-4830