

HEALTHYHELPING

People who receive SNAP and Medicaid Direct services are eligible to receive \$40/mo for fruits and vegetables at Food Lion

CALL 1-877-566-0943 TO ENROLL TODAY!

LOAD AND SPEND HEALTHYHELPING



1 ENROLL

Enroll in the program with a care manager by phone.



2 LOAD

To load \$40 onto your MVP card, buy an item with your SNAP EBT card. Be sure to scan your MVP card or type in your phone number at checkout!



3 SPEND

Spend Healthy Helping dollars each time you shop by using your MVP card (or phone number) to purchase eligible fruits and vegetables.



4 REPEAT

Another \$40 will automatically load onto your Food Lion MVP card on the first of the following month. Continue purchasing fruits and vegetables!

DETAILS ON HEALTHYHELPING

- You can buy fresh, frozen, or canned fruits and vegetables without added salt, sugar, or fat.
- For frozen or canned foods, look for the WIC label!



- If you have difficulty loading your benefit, save your receipt and call 984-213-4133.
- Participants can receive allotments of \$40 for fruits and vegetables **for up to three months.**

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